

Reference List

T E A C H I N G T H E A R T O F S E H A J

Reference Materials and Recommended Reading List

C.W. Leadbeater: *Man, Visible & Invisible*, (Copyright 2000 by The Theosophical Publishing House, Adyar, Chennai, India ISBN 0-8356-0311-3)

C.W. Leadbeater: *The Masters and the Path* (Copyright 2007 Cornerstone Book Publishers ISBN 1-887560-80-7)

Helen S. Burmester: *The Seven Rays Made Visual* (1986 by Helen S. Burmester, Meditation Groups, Inc. Ojai, CA ISBN 0-87516-563-X)

Robert L. Moore: *The Archetype of Initiation-Sacred Space, Ritual Process and Personal Transformation* (Copyright 2001 by Robert L Moore ISBN 0-7388-4765-8)

Robert Moore & Douglas Gillette: *King Warrior Magician Lover* (Copyright 1990 HarperCollins Publishers ISBN 0-06-250606-4)

John K. Pollard, III: *Self Parenting-The Complete Guide to Your Inner Conversations* (Copyright 1987 Generic Human Studies Publishing, Malibu CA ISBN 0-942055-25-X)

Eckhart Tolle: *A New Earth Awakening to your Life's Purpose* (Copyright 2005 by Eckhart Tolle, Plume, a member of Penguin Group-USA ISBN 978-0-452-28996-3)

Cathryn L. Taylor: *The Inner Child Workbook* (Copyright 1991, Penguin Putnam Inc NY, NY ISBN 0-87477-635-X)

Caroline Myss: *Sacred Contract Awakening Your Divine Potential* (Copyright 2002, 2003 Three Rivers Press, NY NY ISBN 0-609-81011-1)

- John Bradshaw: Homecoming Reclaiming and Championing Your Inner Child (Copyright 1990 Bantam Books ISBN 0-553-35389-6)
- John Bradshaw: Creating Love The Next Great Stage of Growth (Copyright 1992 Bantam Books ISBN 0-553-07510-1)
- Annie Besant: The Ancient Wisdom (circa 1897, currently being published by ChakraHealingSounds.com ISBN 1450560563)
- Colin C. Tipping: Radical Forgiveness (Copyright 2002 Global 13 Publications, Marietta GA ISBN 0-9704814-1-1)
- Iris Belhayes w/Enid: Spirit Guides (Copyright 1985 Published by ACS Publications, San Diego CA ISBN 0-917086-80-5)
- Dr. Bruce Goldberg: Astral Voyages (Copyright 1999 Llewellyn Publications, St. Paul MN ISBN 1-56718-308-5)
- Brian Weiss M.D.: Many Lives Many Masters (Copyright 1988 Fireside (Simon & Schuster Inc, NY NY ISBN 0-671-65786-0)
- Dennis Holtje: From Light to Sound (Copyright 1995 Blue Star Publishing, Albuquerque NM ISBN 1-885949-00-6)
- Michael Newton PhD: Journey of Souls (Copyright 1994 Llewellyn Publications, St. Paul MN ISBN 1-56718-485-5)
- Michael Newton PhD: Destiny of Souls (Copyright 2000 Llewellyn Publications, St. Paul MN ISBN 1-57618-499-5)
- James E. Zull: The Art of Changing the Brain (Copyright 2002 Stylus Publishing, Sterling VA ISBN 1-57922-054-1)
- John Medina: Brain Rules (Copyright 2008 Pear Press, Seattle WA ISBN 13-978-0-9797777-4-5)
- Mort Orman M.D.: The 14 Day Stress Cure (Copyright 1991 Breakthru Publishing, Houston TX ISBN 0-942540-01-8)

- Harvey Jackins: The Reclaiming of Power (Copyright 1983 Rational Island Publishers, Seattle WA ISBN 0-0911214-86-0)
- Gary Chapman: The Five Love Languages (Copyright 1992, 1995 Northfield Publishing ISBN 1-881273-15-6)
- Marianne Williamson: A Return to Love (Copyright 1993 HarperCollins Publishers NY NY ISBN 0-06-016374-7)
- Shad Helmstetter, PhD: What to Say When You Talk to Yourself (Copyright 1982 Pocket Books, div of Simon & Schuster NY NY ISBN 0-671-70882-1)
- Janet Geringer Woititz & Alan Garner: Lifeskills for Adult Children (Copyright 1990 Health Communications, Inc, Deerfield Beach FL ISBN 1-55874-070-8)
- Janet Geringer Woititz & Alan Garner: Adult Children of Alcoholics (Copyright 1983 Health Communications, Inc, Deerfield Beach, FL ISBN 0--932194-15-X)
- Philip Oliver-Diaz & Patricia O'Gorman: 12 Steps to Self Parenting (Copyright 1988 Health Communications, Inc, Deerfield Beach FL ISBN 0-032194-68-0)
- Charles L. Whitfield, M.D.: Boundaries and Relationships (Copyright 1993 Health Communications, Inc, Deerfield Beach, FL ISBN 1-55874-259-X)
- Dr. Henry Cloud & Dr. John Townsend: Boundaries, When to Say Yes, When to Say No (Copyright 1992 Zondervan Publishing House, Grand Rapids Michigan ISBN 0-310-58590-2)
- Pia Mellody: Facing CoDependence (Copyright 1989 HarperCollins Publishers, NY NY ISBN 0-06-250589-0)
- Don Richard Riso & Russ Hudson: The Wisdom of The Enneagram (Copyright 1999 Bantam Books, NY NY ISBN 0-553-37820-1)
- Renee Baron & Elizabeth Wagele: The Enneagram Made Easy (Copyright 1994 HarperCollins Publishers, NY NY ISBN 978-0-06-251026-6)
- Robert Bly: A Little Book on The Human Shadow: (Copyright 1988 HarperCollins Publishers, NY NY ISBN 0-06-254847-6)